



## Comparative studies on lens structure and function of newborn rats maternally treated with aspartame, monosodium glutamate and galactose

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### Abstract

Offspring Wistar albino rats maternally ingested orally 1g/kg. body weight aspartame or monosodium glutamate or galactose throughout gestation and till 21 days post-partum. The lens of offspring were investigated at 1,7,14 and 21 days-postnatal, meanwhile mothers were examined only at the end of experiment. Scanning electron microscopy and biochemical analysis of advanced glycation end product (AGE), protein carbonylation, endothelin-1 (ET-1), adhesion molecules (ICAM-1 & VCAM-1), zinc, iron, sodium and potassium. Comparing with the control, Mother rats and their offspring treated with aspartame or glutamate or galactose showed a marked increase of protein carbonylation and advanced glycation end product, endothelin-1 and adhesion molecules (ICAM-1 & VCAM-1). Also, the lens zinc, iron and sodium contents were markedly increased, however potassium content was markedly decreased. On the other hand, offspring maternally-treated with either aspartame or glutamate or galactose exhibited disorganized and loosely attached lens fibers with increased deformation of ball and socket. Increased deformation of lens fibers were detected in offspring maternally-treated with galactose. The authors finally concluded that maternal administration of aspartame, glutamate or galactose should be restricted to avoid complicated lesions of retina and lens.

**Keywords:** Aspartame, glutamatae, galactose, lens, other rats, offspring.

### Introduction

The eye lens is an ectodermal organ, developed at the 25<sup>th</sup> day of gestation. The lens fibers developed and matured after birth with subsequent formation of crystalline protein especially in adult state( (Beby *et al.*, 2003).. The eye lens is composed of fiber cells that are filled with -, - and -crystallins. The primary function of crystallins is to maintain the clarity of the lens through ordered interactions as well as through the chaperone-like function of -crystallin. With aging, the chaperone function of -crystallin decreases, with the concomitant accumulation of

water-insoluble, light-scattering oligomers and crystallin-derived peptides (Santhoshkumar *et al.*, 2011). Cataractous lenses defined as a clouding of the lens parts leading to light scattering of precipitated lens proteins which formed mainly of crystallins (Takata *et al.*, 2007) and divided into congenital or infantile and age-related (Hu *et al.*, 2014; El-Sayyad *et al.*, 2015). Although, lens proteins have very long half-lives, they undergo several modifications such as deamidation, oxidation and glycation which altered protein configuration and development of cataractous lenses (Sakaue *et al.*, 2015).

Aspartame (L-aspartyl-L-phenylalanine methyl ester) is a low calorie sweetener with approximately 200 times greater than sugar. Following ingestion, it is metabolized in the intestine to phenylalanine (50%), aspartate (40%) and methanol (10%) (Stegink et al., 1981). There is no available work concerning ocular toxicities of aspartame. However, several studies reported a contribution of aspartic acid (N-methyl-D-aspartate ,NMDA) to damage of retinal ganglion cells (Nakazawa et al., 2005; Narouko et al., 2013; Hayashi et al., 2015; Sakamoto et al., 2015) and amacrine cells (Metoki et al., 2005). Abnormal increase of phenylalanine and tyrosine and aspartic acid levels in the brain, led to reduction of brain dopamine (Fernstorm *et al.*, 1983) and development of a PKU (phenylketonuria) disorder [14]. PKU is characterized by hyperphenylalanaemia associated with eye abnormalities such as photophobia, cataracts, and corneal opacities (Zwaan, 1983).

Galactose is a hexose sugar that differs from glucose by the configuration of the hydroxyl group at the carbon-4. It is present in milk, dairy products, and many other food types such as fruits and vegetables (Acosta and Gross, 1995). Galactosemia is an autosomal recessive inherited deficiency of one of the three mentioned enzymes especially galactose-1-phosphate uridylyltransferase. This enzyme is observed in the normal foetal liver at 10<sup>th</sup> week of gestation and its deficiency cause congenital abnormality (Laumonier et al., 2005). In human, cataract was reported in two brothers and one sister with a history of galactosaemia and deficiency of galactose-1-phosphate-uridylyltransferase (Schmidt et al., 2011). Also, cataract may be attributed to galactokinase deficiency, the enzyme involved in the accumulation of galactitol within the lens (Ai et al., 2000) as well reduction of glutathione which enhanced formation of the advanced glycation end product product (Janzen et al., 2011 ; Jyothi et al., 2011; Singh et al., 2012). The development of cataract remains unclear, although different explanation described its causes. The role of aspartame and glutamate is not available, however several studies touches the role of galactose-treatment. The present study illustrates the structural abnormalities of lens fibers and biochemical markers of lens damage of three widely known nutritive components ; aspartame, monosodium glutamate and galactose.

## Materials and Methods

### Chemicals:

All of the chemicals used were of highest purity. Monosodium glutamate and galactose were supplied

from Sigma-Aldrich Company (USA). Meanwhile aspartame was obtained from pharmacists.

### Aspartame, monosodium glutamate and galactose-treatment:

Monosodium glutamate and galactose were dissolved in tap water and orally administered daily at doses of 1g/kg body weight from 6th day of gestation till parturition 21-days post-partum. However, aspartame administered at a dose of 0.1g via the same route of administration.

### Experimental work:

Virgin female and male Wistar albino rats were obtained from Ministry of Health, Cairo. They were acclimatizing for 15 days before experimentation. They were made pregnant by mating with fertile male by placing them in plastic cages ( 1 male: 2 females). Zero date of gestation was determined and pregnant were separated. They were kept in good aerated room with 12 hours light and dark cycle. Standard diet and water were allowed *ad-libitum*. The pregnant rats were divided into four groups (n=20); control., aspartame-, glutamate and galactose--treated groups.

Offspring of studied animals were obtained at 1,7,14 and 21-day old. Both mothers at the end of experiment and their breast-feeding-young were sacrificed by diethyl ether. Ocular regions of both mothers and young were removed and their lenses and retinas were separated and subjected for the following:

### 1. Scanning electron microscopic investigation:

Lenses of offspring were incised, fixed in 2.5 % buffered glutaraldehyde, dehydrated in ascending ethyl alcohol , dried in a critically carbon dioxide apparatus and coated with a thin layer of gold by DC sputtering and viewed under scanning electron microscope JOEL5300 JSM.

### 2. Biochemical investigation:

The lens specimens were homogenized in 10% ice-cold 2.5 mM-tris buffer (pH 7.5) and centrifuged at 14000 x g for 5 min at 4°C g. The supernatant was kept in refrigerator.

### 2.1. Protein carbonylation & advanced glycation end products:

Lens protein carbonylation and advanced glycation end product (AGE) was determined depending of its

reactive carbonyl groups using Cells Biolabs ELISA Kit (San Diego, CA 92126 USA, Cat. no. STA-317). The colour index of hydrazone protein is determined at wavelengths 360-385 nm.

## 2.2. Determination of intracellular adhesion molecule (ICAM)-1 and vascular adhesion molecule (VCAM)-1:

Lens adhesion molecules (ICAM-1 and VCAM-1) were assayed according to ELISA kit (R&D Systems; Minneapolis, MN). It is determined by conjugating 100  $\mu$ L antibodies against recombinant human rat ICAM-1 and VCAM-1 and then with horseradish peroxidase followed by adding 100  $\mu$ L of tetramethylbenzidine for colour development and measure optical density at a wavelength of 450 nm & 620 nm.

2.4. Endothelin-1: It is determined using ELISA Kit (USCN Life Science Inc, catalogue No. CCA482Hu) using specific antibody followed by conjugation with horseradish peroxidase (HRP). The binding HRP is proportional to the amount of ET-1 in the lens and the absorbance was measured at 450 nm.

## 2.5. Determination of iron, zinc, sodium and potassium contents:

Iron, zinc, sodium and potassium were determined in dried tissues after lipid extraction was carried out by a mixture of chloroform and methyl alcohol at ratio of 2:1. A known weight of the dried sample was digested by 1mL of nitric acid at highest purity and diluted with 4mL bi-distilled water and measured by atomic absorption spectrometry (Scancar *et al.*, 2000).

## 3. Statistical analysis:

Data was recorded as mean  $\pm$  SE and analyzed using SPSS software (version 13) by one way post-hoc analysis of variance between studied groups and the decrease of  $p < 0.05$  was considered significant.

## Results

### 1. Biochemical assays:

Tables (1-3) illustrates lens protein carbonylation, advanced glycation end product, endothelin, adhesion molecules (ICAM-1 & VCAM-1) and zinc, iron, sodium and potassium contents of aspartame, monosodium glutamate and galactose-treated mother rats and their offspring. Comparing with the control, there were marked increase of protein carbonylation (PC) and advanced glycation end product (AGE), endothelin-1

and adhesion molecules (ICAM-1 & VCAM-1). AGE & PC were markedly increased in galactose-treatment compared to other treatments. However, aspartame-treatment possessed marked alterations of the adhesion molecules. Also, the lens zinc, iron and sodium contents were markedly increased, however potassium content was markedly decreased compared to the control.

### 2. Scanning electron microscopy of lens:

The lens of mother rats and their offspring 2 & 3 week-old possessed regular concentric layers of densely packed lens fibers with less intercellular spaces in between. Each fiber take poly-or hexagonal shape. The adjacent fibers are interconnected by numerous ball and socket junctions on each planar surface. Normal regular orientation of depressions and the existence of complementary projections are detected (Fig.1 A & A1). Offspring maternally-treated with either aspartame or glutamate or galactose exhibited disorganized and loosely attached lens fibers with increased deformation of ball and socket. Increased deformation of lens fibers were detected in offspring maternally-treated with galactose (Fig1 B-D1).

## Discussion

Maternal-treatment with aspartame or glutamate or galactose increase the formation of advanced glycation end products and protein carbonylation. Similar finding of altered protein structure was reported by Sippel (1966). In vitro and in vivo studies of high galactose-treatment led to disruption of redox balance mediating Maillard reaction during cataractogenesis (Saxena *et al.*, 1996). C57Bl6 mice injected daily with D-galactose 8 weeks developed advanced glycation end product-specific fluorescence in lens (Ida *et al.*, 2004). Galactose showed high tendencies of forming adducts with the amino acids lysine, glycine, alanine, glutamate and aspartate and altered protein configuration and glycation products (Ramakrishnan *et al.*, 1997). Aged human lenses showed increased average of d-beta-aspartic acids suspecting a role of cataract formation (Fujii *et al.*, 2000). Mild posterior subcapsular cataract was detected in rabbit received intravitreal Injection of 100 $\mu$ L of 1% methanol or formaldehyde or formate (Hayasaka *et al.*, 2001). In human, advanced glycation endproducts play a significant role in cataract formation through modification of lens proteins such as N(6)-Carboxymethyl lysine, N(6)-carboxyethyl lysine, N(7)-carboxyethyl arginine,

Table1. Biochemical markers of lens function of aspartame-treated mother rat and their offspring.

							Minerals			
		AGE nmol/mg	Enothelin Pg/100mg	ICAM-1 (ng/100mg)	VCAM-1 (ng/100mg)	PC nmol/mg	Fe (ng/mg)	Zn (ng/mg)	Na Mmol/gm	K Mmol/gm
M	C	304.59±3.69	6.39±0.039	1.02±0.17	1.32±0.07	2.23±0.18	92.25±3.16	8.25±1.63	121.27±2.26	8.32±0.35
	Asp	*356.54±3.40	*9.14±0.18	*1.51±0.12	*1.46±0.15	*3.05±0.27	*103.66±2.73	*10.35±0.72	*145.58±2.18	*4.54±0.33
1D	C	227.32±2.72	5.16±0.18	1.14±0.07	1.29±0.08	1.24±0.24	64.36±2.45	6.56±0.72	98.42±3.06	6.39±0.25
	Asp	*248.60±3.13	*7.518±0.18	*1.34±0.14	*1.40±0.11	*1.81±18.0	*78.09±3.15	*8.05±0.65	*123.758±2.47	*3.18±0.29
1W	C	227.41±3.16	6.01±0.25	1.10±0.04	1.27±0.07	1.46±0.15	66.98±4.019	7.14±0.571	107.73±2.09	6.86±0.03
	Asp	*261.66±3.25	*7.6±0.22	*1.35±0.08	*1.44±0.11	*1.95±0.27	*79.64±2.95	*9.61±0.58	*129.34±2.12	*3.51±0.22
2W	C	227.89±4.049	6.11±0.20	1.2±0.09	1.35±0.07	1.47±0.20	65.05±4.27	7.43±0.99	108.87±3.495	6.56±0.18
	Asp	*265.34±2.72	*7.52±0.22	*1.38±0.07	*1.46±0.07	*2.03±0.18	*87.06±3.31	*9.91±0.65	*131.50±2.85	*3.79±0.30
3W	C	228.99±6.72	6.35±0.20	1.25±0.10	1.31±0.07	1.46±0.22	69.61±3.46	7.42±0.61	110.81±2.52	6.72±0.27
	Asp	*267.65±1.84	*7.66±0.22	*1.41±0.07	*1.48±0.07	*2.28±0.22	*93.96±2.90	*9.43±0.59	*135.38±2.55	*3.57±0.31
F-test		137.015	3.128	4.797	1.462	4.118	7.468	1.245	4.823	1.269
P<0.05		0.000	0.006	0.000	0.195	0.000	0.000	0.296	0.000	0.284

Each result represent M±SE (n=5), AGE, advanced glycation end product; Asp, aspartame; C, control; M, mother; 1D, 1day; 1W, 1week; 2W, 2week; 3W,3week ; ICAM-1,intracellular adhesion molecule; VCAM-1,vascular cell adhesion molecule; Fe, iron; Zn, zinc; Na, sodium; K, potassium, \* Significant at P < 0.05.

Table 2. Biochemical markers of lens function of glutamate-treated mother rat and their offspring.

							Minerals			
		AGE nmol/mg	Endothelin Pg/100mg	ICAM-1 ng/100mg	VCAM-1 ng/100mg	PC nmol/mg	Fe (ng/mg)	Zn (ng/mg)	Na (Mmol/gm)	K (Mmol/gm)
M	C	304.59±3.69	6.39±0.03	1.02±0.17	1.32±0.07	2.23±0.18	92.25±3.16	8.25±1.63	121.27±3.69	8.32±0.35
	Glu.	*376.01±3.40	*9.44±0.22	*1.58±0.03	*1.51±0.07	*3.231±0.316	*108.03±2.84	9.33±0.65	*143.33±2.37	*5.31±0.20
1D	C	227.324±2.72	5.16±0.184	1.14±0.07	1.29±0.087	1.24±0.24	64.36±2.45	6.56±0.72	98.42±2.72	6.39±0.25
	Glu.	*287.15±3.30	*7.44±0.15	1.36±0.03	1.41±0.079	2.17±0.17	*81.36±2.91	*8.23±0.53	*125.58±1.84	*3.29±0.27
1W	C	227.41±3.16	6.01±0.25	1.10±0.04	1.27±0.079	1.46±0.158	66.98±4.01	7.14±0.57	107.07±3.16	6.86±0.037
	Glu.	*291.1±3.22	7.61±0.20	1.47±0.04	1.45±0.066	*2.27±0.184	*83.15±2.94	8.37±0.47	*126.07±2.28	*3.08±0.24
2W	C	228.89±4.04	6.11±0.20	1.21±0.09	1.35±0.079	1.47±0.202	65.05±4.27	7.83±0.99	108.87±4.049	6.56±0.18
	Glu.	*295.26±3.2	*7.71±0.20	1.48.0413	1.49±0.07	*2.31±0.246	*87.45±3.13	*9.28±0.51	*137.86±3.25	*3.69±0.25
3W	C	228.99±6.72	5.35±0.20	1.25±0.1	1.11±0.071	1.48±0.228	69.61±3.46	7.12±0.61	110.81±6.72	6.72±0.272
	Glu.	*311.43±2.72	*7.81±0.22	1.53±0.08	1.47±0.079	*2.62±0.228	*89.43±2.39	*9.35±0.59	*136.18±2.72	*3.66±0.228
F-test		129.222	4.246	1.216	0.965	2.816	7.986	1.151	1.158	1.178
P<0.05		0.006	0.001	0.313	0.483	0.012	0.000	0.352	0.347	0.335

Each result represent M±SE (n=5), AGE, advanced glycation end product; C, control; Glu, glutamate; M, mother; 1D, 1day; 1W, 1week; 2W, 2week; 3W, 3week ; ICAM-1, intracellular adhesion molecule; VCAM-1, vascular cell adhesion molecule; Fe, iron; Zn, zinc; Na, sodium; K, potassium. \* Significant at P < 0.05.

Table 3. Biochemical markers of lens function of galactose-treated mother rat and their offspring.

							Minerals			
		AGE (nmol/mg)	Endothelin (Pg/100mg)	ICAM-1 (ng/100mg)	VCAM-1 (ng/100mg)	PC (nmol/mg)	Fe (ng/mg)	Zn (ng/mg)	Na (mmol/gm)	K (mmol/gm)
M	C	304.59±3.69	6.39±0.039	1.02±0.17	1.32±0.07	2.23±0.18	92.25±3.16	8.259±1.63	121.59±3.69	8.32±0.35
	GA	*376.93±2.98	*9.607±0.275	*1.49±0.09	1.48±0.11	*2.79±0.21	*115.31±2.26	*10.15±0.73	*143.33±2.43	*5.09±0.21
1D	C	227.324±2.72	5.16±0.18	1.14±0.07	1.29±0.08	1.24±0.24	64.36±2.45	6.56±0.72	98.42±2.72	6.39±0.25
	GA	*271.58±3.11	*7.28±0.228	1.39±0.07	*1.39±0.07	*1.97±0.27	*76.04±3.25	*7.63±0.57	*125.58±2.65	*3.80±0.24
1W	C	227.41±3.16	6.01±0.25	1.10±0.04	1.27±0.07	1.46±0.15	66.98±4.019	7.14±0.571	107.73±3.16	6.86±0.03
	GA	*286.46±2.28	*7.36±0.18	*1.36±0.07	1.33±0.07	1.88±0.25	*81.36±3.02	*8.875±0.63	*126.07±3.35	*3.6±0.22
2W	C	228.89±4.04	5.11±0.20	1.2±0.09	1.25±0.07	1.47±0.20	65.05±4.27	7.83±0.89	108.87±4.04	6.56±0.18
	GA	*279.61±3.16	*7.306±0.25	*1.42±0.06	1.34±0.07	1.98±0.25	*87.41±3.63	*9.43±0.85	*137.86±2.54	*3.59±0.24
3W	C	228.99±6.72	5.35±0.20	1.25±0.10	1.31±0.07	1.48±0.22	69.61±3.46	7.42±0.614	110.81±6.72	6.72±0.27
	GA	*271.64±2.98	*7.45±0.20	*1.54±0.03	*1.48±0.07	*2.25±0.22	*95.69±2.732	*10.25±0.68	*136.81±2.91	*3.69±0.22
F-test		170.885	3.918	2.745	2.170	4.712	7.554	1.404	28.512	1.761
P<0.05		0.000	0.001	0.013	0.045	0.000	0.000	0.219	0.000	0.107

Each result represent M±SE (n=5), AGE, glycation and product C, control; GA, galactose; M, mother; 1D, 1day; 1W, 1week; 2W, 2week; 3W,3week ; ICAM, intracellular adhesion molecule; VCAM, vascular cell adhesion molecule; Fe, iron; Zn, zinc; Na, sodium; K, potassium, \* Significant at P < 0.05.

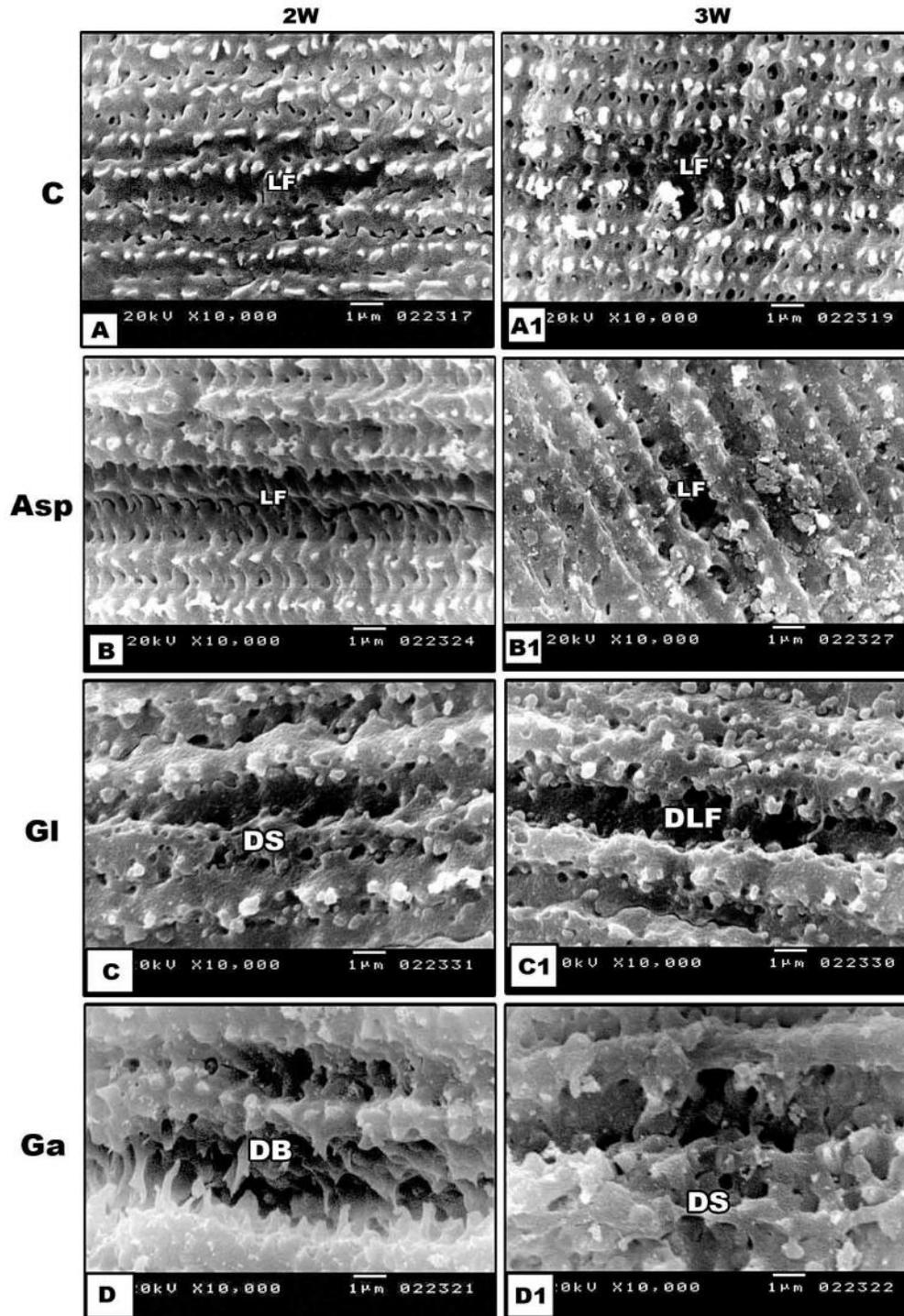


Fig.1. scanning electron micrographs of lens fibers. A &A1. Control 2 &3 week-old offspring showing normal orientation of tightly arranged lens fibers with obvious ball and socket. B &B1. 2&3 week-old offspring maternally-treated with aspartame showing fragile and disoriented lens fibers. C &C1. 2&3 week-old offspring maternally-treated with glutamate showing damaged and loosely attached lens fibers. D &D1. 2&3 week-old offspring maternally-treated with galactose showing marked deformation of lens fibers. Abbreviations; DB, degenerated ball; DLF, degenerated lens fibers; DS, degenerated socket; LF, Lens fibers.

methylglyoxal hydroimidazolone 1, and N(6)-lactoyl lysine following Maillard protein modifications (Smuda *et al.*, 2015). D-galactose-treatment in mice for a period of six weeks significantly increased lipid peroxidation and impaired mitochondrial complex (I, II and III) enzymes activities Ji *et al.*, 2015). Also, accumulation of AGE and protein carbonylation in lenses was contributed in human lenses for mediate aberrant crosslinking of extracellular matrix proteins and disrupting ATP production and enhancing oxidative stress(Kandarakis *et al.*, 2014).

The observed findings revealed marked increase of endothelin-1 and adhesion molecules (ICAM-1 & VCAM-1) in either aspartame or glutamate or galactose-treatment lenses. This was coincides with increase lens sodium and decrease of potassium content. Endothelin-1 (ET-1) was found to cause inhibition of lens active Na-K transport, keeping water balance for promoting lens function. Activation of ET receptors led to marked increase of cytoplasmic calcium concentration in cultured lens epithelial cells, the markers of cataracts (Okafor and Delmare, 2001). Sippel (1966) observed hydrated cataractous lenses in female rats fed on diet containing galactose for 12-14 days The osmotic vacuolization facilitated cataractous formation and lens membrane deterioration. Increased lens sodium and decrease of potassium confirmed alteration of sodium-potassium pump as a result of alterations of endothelin as well as facilitated water accumulation. Similar findings were reported in galactosaemic cataracts(Ramana *et al.*,2007) and lens of aged rats (El-Sayyad *et al.*, 2012).

Moreover, Aspartame or glutamate or galactose-treatment possessed a detected increase of adhesion molecules especially ICAM-1 parallel with increased endothelin level. Adhesion molecule ICAM-1 is a cell surface glycoprotein, overexpressed in lens epithelium by increased fructose level (Glushakova *et al.*, 2008) which led to a decrease in lens epithelial proliferation and enhanced the progression of diabetic cataract(Fan *et al.*, 2012).

The present data exhibited that the applied aspartame or glutamate or galactose-treatment exhibited marked increase of zinc and iron content. Similar findings of increased lens zinc and iron content were reported by Dawczynski *et al.*(2002) and Gündüz *et al.* (2003)] in diabetic and senile human cataractous lenses. As we know that the superoxide dismutase (SOD) is dependent upon zinc and copper ions for promoting its activity and scavenging superoxide anion which is important part in oxidative stress(Lobo *et al.*, 2010).

Increased zinc content seemed to be attributed to disrupted lens metabolism. Also, transferrin and Fe concentrations was markedly at higher level in the intraocular fluids in diseased conditions and tend to be accumulated in lens during ocular inflammation. There are two ways of picking iron by tissues, receptor-mediated endocytosis of diferric transferrin and cell membrane mediated by an oxido-reductase (McGahan *et al.*,1995). C57BL/6 mice received subcutaneous injection of D-galactose (100mg/kg once daily) for 14 weeks altered ferroportin and hepcidin genes expression of iron in the cortex and hippocampus leading to iron accumulation and increased cognitive function (Wei *et al.*, 2014).

The observed biochemical changes in lenses of offspring maternally-treated with aspartame, glutamate and galactose was confirmed by degeneration, disorganized orientation of lens fibers and deformation of ball and socket. Similar findings were reported in cataractous lenses (Tag-Eldin, 2016).Cataractous lenses were reported in galactose-treated experimental animals (Lackner *et al.*,1997; Ohta *et al.*,1999), monosodium-L-glutamate (Kawamura and Azuma, 1992). Offsprings maternally fed on galactose developed cataractous lenses associated with increased galactitol accumulation (Tsutsumi *et al.*, 1992), increase osmotic swelling and cataract formation (Berry, 1995) and apoptosis of lens cells (Takamura *et al.*,2003). Finally the authors concluded that ingestion of diet containing overload of aspartame, glutamate or galactose, facilitated lenticular changes of lens fibers characteristic of cataract assisted by increase of its biomarker levels.

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